



Serving Is “Heart Work”

Serving Ministries of First Lutheran Church

HUNGER AND CLOTHING PROJECTS

- **BackPack Program** - Provide financial and volunteer support to provide a food-filled backpack every Friday for families at three LPS elementary schools. Contact: Kathy Dickey
- **Food Market** - Volunteer at Lincoln High’s Food Market. Set food out, direct and support students and pack up leftover food at 2:30-4:00 pm on the 4th Wednesday of the month. Contact: Kathy Dickey
- **Matt Talbot** - Donate fruit and dessert items for a monthly meal for Lincoln’s homeless and working poor. Come help with advance food preparation and/ or serving the meal. Contact: Steve Lenzen
- **Meals on Wheels** - Deliver meals to home bound seniors or other folks needing this service. First Lutheran has two regular Sunday routes or contact Tabitha for a route that works for you. Contact: Sandy Latshaw
- **CROP Walk** - Raise money to support local and international hunger relief programs. This annual city-wide effort is the 2nd Sunday of October. Contact: Brooke Glenn for the 2017 walk and Sandy Latshaw about the 2018 walk that First Lutheran will begin hosting for a three year period.
- **Lutheran Food Pantry** - Donate non-perishable food and personal care items to be distributed by the pantry. Place items in the grocery cart near the Welcome Desk. Contact: Steve Lenzen
- **Bread for the World (BFW)** - Advocate for food assistance by writing letters to your elected state and federal representatives. BFW works to influence legislation on hunger issues. Contact: Pastor Justin
- **Kicks for Kids** - An October project to provide new shoes and socks for elementary aged children identified by their teachers. Take a tag, which matches a specific child, purchase the needed items and return them to the church for distribution. Contact: Donice Kaspar
- **Fresh Start** - Donate clothing and household items to this transitional shelter for homeless women. Contact: Karen Lenzen

CARING MINISTRIES

- **Casserole Caravan** - The caravan delivers a meal to those just home from the hospital from illness, surgery or birth and families dealing with a death or family crisis. Contact: Sunni Richardson
- **Stephen Ministry** - Stephen Ministry is a one-to-one Christian caring relationship for anyone who is going through a rough patch, pain, or struggle in life. It's not a ministry of giving answers, rather it's a ministry of

listening with care, asking reflective questions and "holding space" for someone else. Training provided.

Contact: Faye Doolittle

- **Prayer Shawls** – Stitchers combine a love of knitting or crocheting creating prayer shawls for those in need of comfort as well as in celebration and joy. Not a stitcher? Be a delivery person taking a shawl to someone in need. Yarn available. Contact: Jan Mares to be a stitcher or Sunni Richardson to deliver.
- **Afghans** - Graduating high school students receive a handmade afghan from the congregation. Yarn available. Contact: Sharon Hardel
- **Funeral Lunches** - Help provide and/or serve a funeral lunch as we assist families in grief by providing a place to gather and break bread with family and friends. Contact: Cindy Timperley or Robin Westhoff.
- **Eucharistic Ministry** - Take communion to those homebound or recovering from illness or injury and not able to join us for worship. Contact: Harold Sutter
- **Visitation** - One of the greatest gifts we can offer is the gift of friendship. Share your time and provide a bright spot in a homebound person's day. Contact: Pastor Justin

PRISON MINISTRY

- **Prison Ministry** - Each Sunday men from the Community Correctional Center (CCCL) attend worship. Help provide a home-cooked meal. Sign up on the web site. Contact: Karen Statham
- **Bridges to Hope** - This agency, as part of the Nebraska Synod of the ELCA, assists individuals being released from prison. First Lutheran holds drives to collect clothing and other items they need. Volunteers are needed at their warehouse location. Contact: Sunni Richardson

IMMIGRATION SUPPORT

- **Immigrant Support** – First Lutheran members work with refugee resettlement and other immigrant support programs. Donate furniture and household items, provide transportation, help with school work, provide support navigating systems or be a friend and enjoy building a relationship with a newcomer. Contact: Barb Johnson Frank or Pastor Justin Eller
- **AMMPARO** – AMMPARO (Accompanying Minor Migrants with Protection, Advocacy, Representation and Opportunities) is an initiative of the ELCA grounded in advocacy and supporting minor migrant children through the Guardian Angel Program. Contact: Pastor Justin Eller

GLOBAL MISSION

- **Fair Trade Products** - Support this ministry by helping with sales or purchasing fair trade products, which support the farmers who actually produce them. Products are normally available the 1st Sunday of the month but are also available any time the church office is open. Contact: Faye Doolittle

- **Quilts** - A quilt brings warmth on a cold night, shelter from the sun, creates a bed or room divider. Quilts assembled throughout the year are shipped to Lutheran World Relief for distribution at home and abroad. Quilters and donations of specific materials are appreciated. Contact: Phyllis Frickel
- **School Kits** - Provide supplies for school kits that Lutheran World Relief (LWR) distributes to further the education of many children. First Lutheran provides and assembles hundreds of school kits in late October each year. Contact: Barb Johnson Frank
- **Tanzania Health Projects** - Nurses are in short supply in Tanzania. First Lutheran supports two student nurses. Donations appreciated - \$1700 gift covers expenses the year. Contact: Karen Clementson

PROJECTS AT FIRST LUTHERAN

- **Hospitality**- Special events often call for food. Help provide a meal, cookies, bars or other food items for groups gathering at the church. Contact: Sunni Richardson
- **Welcome & Hosting** - Sometimes we have large groups using our space and greeters are needed to welcome and direct participants. Dates and times vary. Contact: Sunni Richardson
- **Maintenance and Property Projects** - Painting, yard work, minor repairs, moving furniture around and cleaning projects take extra hands. Contact: Steve Lenzen, Property Committee Chair
- **Outdoor Classroom** - Our Nature Explore Certified Outdoor Classroom needs on-going TLC. Help with weeding, general cleanup, watering and an occasional building project. Contact: Sunni Richardson
- **Fellowship Events** – Plan and implement fellowship events. Contact: LuAnn Snyder

SPECIAL EVENTS

- **God's Work, Our Hands** - Mark your calendar for Saturday morning Oct 21st and be part of our annual serve day. We will spend the morning doing services projects in the community and at First Lutheran. After serving, we return to the church for lunch and storytelling. Contact: Sunni Richardson
- **Gifts of Hope** - This market provides alternatives to traditional Christmas gift shopping by providing goats, pigs, chicks, fruit trees, water jugs, vaccinations and a host of other essential needs to families throughout the world. Held in early December, you can support First Lutheran's work in the wider world. Contact: Clay Ehlers