



## WORSHIP AND PRAYER MINISTRIES OF FIRST LUTHERAN CHURCH

*Making disciples of Jesus Christ for the transformation of the world.*

**Pray Daily** – Offer prayer each day for family, faith community and the needs of the world. Contact: Cyndi Crouse

**Prayer Learning Opportunities** - Opportunities are offered periodically on how to deepen one's prayer life. Contact: Carol Olson

**Prayer Team** - Receive a weekly list of those needing prayers within and beyond the congregation. Pray daily for those on the list. Contact: Mandy West

**Attend Worship Regularly or on Livestream** - Gather weekly with our faith community for worship and prayer in-person or virtually through our live stream worship.

**Livestream Worship Assistant** – Assist with livestreaming worship on Sunday mornings at 8:15 am. Contact: Kathleen Simley

**Choir Member** – Each choir welcomes all who are willing to gather their voices in praise. Adult Choir (high school and up) encourages congregational singing and offers an anthem to lead deeper reflection to the Words shared. The Adult Choir sings most Sundays, except the first Sunday of the month. Rehearsals are on Wednesdays during the school year at 7:10 pm. Contact: Boyd or Masako Bacon

**Soloist or Cantor** - Lead singing of the Psalm, sing during Communion or occasionally during the Offering. Contact: Masako Bacon

**Instrumental Solo or Ensemble** - Bring your instrument and play worship music for a designated Sunday as a soloist or part of a jazz, string, brass, wind or Orff ensemble. Contact: Masako Bacon

**Handbells** - Spirit Ringers rehearse every Thursday at 6:30 pm during the school year and play on the 3rd Sunday and other festive Sundays. Youth Bells are scheduled as a short-term group. Contact: Masako Bacon

**Bible Bearer** - Carry the lectionary Bible into the worship service in the procession and carry it out in the recessional. Contact: Harold Sutter

**Crucifier** - Carry the cross in the processional and recessional. Contact: Harold Sutter

**Reader** - Read the first and second lessons and occasionally lead the psalm in the worship service. Contact: Kathleen Simley

**Communion Assistant** - Participate in the processional and recessional and pour the wine during communion. Contact: Harold Sutter

**Eucharistic Assistant** - Serve bread and wine during communion to worshipers unable to come to the communion rail. Contact: Harold Sutter

**Usher** - Distribute worship bulletins, collect the offering, direct people to the communion rail and provide security during the worship service. Contact: Al Williams

**Greeter** - Greet worshipers as they enter the church at each entrance. Perfect for a couple or family to do together. Contact: Kathleen Simley

**Altar Guild (Communion Set Up and Clean Up)** - Set up the communion elements before worship and then clean the dishes and glasses and chancel area following the worship services. Contact: Tracy Knezevic

**Wash Robes/Albs** - Wash worship robes/albs monthly. Check the robes frequently so they can be washed more, if needed. Contact: Gay Sutter



## LEARNING MINISTRIES OF FIRST LUTHERAN CHURCH

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**FaithTrek** - Sunday morning Christian education for 3-year-olds through 5th grade with a focus on Bible stories, prayer and service utilizing an experiential education style of learning where questions are welcomed and expected. Contact: Laura Gaulty

**Summer Vacation Bible School** – Experience Bible stories through crafts, games, community engagement activities, music and story designed to challenge participants, ages 3-5<sup>th</sup> grade, to grow in their calling as disciples of Christ. Contact: Sharon Hardel

**Middle & High School Youth Group** - Connect with other middle and high school youth several times a month to build relationships and be part of a community that shares a love for God and serves the local community. Contact: Sharon Hardel

**Middle School Learning** – Sunday morning Christian education for 6<sup>th</sup> to 8<sup>th</sup> graders focusing on growing and living as a young disciple facing real life issues from a perspective of faith. Contact: Sharon Hardel

**High School Learning** – Sunday morning Christian education for 9th to 12th graders with an emphasis on current event, cultural awareness, Bible study, difficult topics and God in daily life. Contact: Sharon Hardel

**Confirmation: Discipleship University** – (7-8<sup>th</sup> Grade) Two-fold focus: 1) for confirmand to affirm her/his baptism and God's work that has already been going on since baptism and 2) to help their parents/mentors fulfill their baptismal promise. Confirmation is about building relationships with parents and youth sharing and growing in faith together. Contact: Sharon Hardel

**Youth Summer Accompaniment Experience** – (6 -12<sup>th</sup> Grade) A trip outside of familiar territory leads to a journey outside of comfort zones and experiencing God at the margins of life. This summer trip has more to do with how young people are in the world and less about the projects accomplished. Contact: Sharon Hardel

**Intergenerational Learning Experiences** – Participate in opportunities to learn with others of all ages, from the youngest to the oldest, throughout the year. Contact: Sharon Hardel

**Adult Forum** - Learn about a variety of topics every Sunday morning from 9:30-10:30 am that are relevant to our Christian faith and how they influence our growth as disciples of Jesus Christ. Please share ideas you have for speakers or topics you would like to explore in Adult Forum. Contact: Patrick Hayden Roy

**Senior Ministry**– Participate in fellowship, learning and serving events tailored specifically around the needs and interest of the young at heart. Contact: Pastor Erin Heidelberg

**Spiritual Formation Workshops** – Deepen your spirituality by learning different practices or disciplines, including prayer, meditation, chanting, breathing exercises and ceremonies or rituals. Contact: Carol Olson

**Bible /Book Study** - Each Tuesday evening at 5:45 pm and Wednesday morning at 10:30 am join the conversational study of scripture, exploring how the Living Word continues to speak to and impacts our daily lives. You can join the conversation at any time without previous Bible study experience. Contact: Pastor Erin Heidelberg

**Gather & Gab** – A weekly online discussion group that uses *Wired Word* to guide their discussion. *Wired Word* focuses on a news story from the previous week and allows participants to have a conversation about their role in society as Christians, to think outside the box, wrestle with difficult issues and consider ways they might respond to the world around them. Open to high school age or older and join as your schedule allows. Meets every Thursday from 8:00-9:00 pm. Contact: Sharon Hardel

**Monday Coffee Group** - Gather to talk about the Sunday sermon or a current event on Mondays at a local coffee shop from 1:30-2:30 pm. Contact: Sharon Hardel

**Faith to Go!** – Grab a cup of coffee and a bite to eat and settle in to learn more about one of your fellow congregants and how they live out their faith in daily life. Held at 6:30 am mornings on Zoom on the 2nd and 4th Wednesdays. Contact: Tera Beermann

**Saturday with the Guys** - Join a group of guys who study and discuss a book together on the 2<sup>nd</sup> and 4<sup>th</sup> Saturday of the month at 8:00 am. Open to men of all ages. Contact: Jim Kisling

**Women's Monthly Circles** – Attend a monthly women's circle for fellowship, relationship building, projects and spiritual development. Contact: Mandy West

**Pop Up Groups** – Attend, plan and/or host a pop-up group or activity designed to connect and engage members, such as game night, walking group, dinner out or a day field trip. Contact: Pastor Erin Heidelberg

**Book Discussions** - See faith in the real world and in the lives of the characters in current best sellers and "everyone is reading" books. Authors and books vary. Contact: Shari Sorenson

**Creation Care Educational Opportunities** – Educational opportunities, special events and presentations aimed at helping us all take care of all God's creation. Contact: Rebecca Pfabe

**Social Justice, Advocacy and Inclusion Events** - Attend and/or plan events that support and challenge members to live up to our welcome statement at First Lutheran. Contact: Pastor Erin Heidelberg

**Synod-Wide Events** – Participate in lifelong learning opportunities offered in-person or online by the Nebraska Synod (e.g. Emmaus). Contact: Nebraska Synod website



## SERVING MINISTRIES OF FIRST LUTHERAN CHURCH

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**Casserole Caravan** - Deliver a meal or treat to those just home from the hospital from illness, surgery or birth and families dealing with a death or family crisis. Contact: Gay Sutter

**Funeral Lunches** - Help provide, call for food to be donated and/or serve a funeral lunch as we assist families in grief by providing a place to gather and fellowship with family and friends. Contact: Cindy Timperley or Robin Westhoff

**Prayer Shawls and Afghans** - Combine a love of knitting or crocheting creating prayer shawls and afghans for those in need of comfort, as well as in celebration and joy. Not a stitcher? Be a delivery person taking a shawl or afghan to someone in need. Contact: Jan Mares to be a stitcher or Pastor Marsha Anderson to deliver.

**Stephen Ministry** - Stephen Ministry is a one-to-one Christian caring relationship for anyone who is going through a rough patch, pain, or struggle in life. It's not a ministry of giving answers, rather it's a ministry of listening with care, asking reflective questions and "holding space" for someone else. Training provided. Contact: Faye Doolittle or Amy Harrison

**Visitation Ministry** - Share your time and provide a bright spot in a homebound person's day. Contact: Pastor Erin Heidelberger

**Eucharistic Ministry** - Take communion to those homebound or recovering from illness or injury and not able to join us for worship. Contact: Harold Sutter

**Transportation Ministry** - Drive members to medical and other appointments or church activities. Contact: Linda Maack

**Member Connections** - Assist in connecting and engaging members in ways that support their emotional, mental and spiritual life. Person must be willing to ask questions, listen attentively and show care and compassion. Contact: Barb Johnson Frank or Kathleen Simley

**Grief Support** - Grief after the death of a loved one is hard to go through alone. If you find yourself in this situation, join our grief support class that meets several times during the year. Contact: Amy Tipton

**Kicks for Kids** - A fall project to provide new shoes and socks for elementary aged children identified by their teachers. Take a tag, which matches a specific child, purchase the needed items and return them to the church for distribution. Contact: Donice Kaspar

**Meals on Wheels** - Deliver meals to home bound seniors needing this service. First Lutheran has regular Sunday routes or contact Tabitha for a route that works for you. Contact: Sandy Latshaw

**BackPack Program** - Provide financial and/or volunteer support to provide a food-filled backpack every Friday for families at two LPS elementary schools. Contact: Cindy Lilleoien

**Matt Talbot Outreach Kitchen** - Donate fruit and dessert items for a monthly meal for Lincoln's homeless and working poor or come help with advance food preparation and/or serving the meal. Contact: Steve Lenzen

**Lutheran Food Pantry** - Donate non-perishable food and personal care items to be distributed by the pantry. Place items in the grocery cart located by the Chapel. Contact: Steve Lenzen

**Quilting for Lutheran World Relief** - A quilt brings warmth on a cold night, shelter from the sun, creates a bed or room divider. Quilts assembled throughout the year are shipped to Lutheran World Relief for distribution at home and abroad. Quilters and donations of specific materials are appreciated. No previous quilting experience needed. Contact: Phyllis Frickel or Karen Clementson

**Immigrant & Refugee Support** - Work with local refugee resettlement and other immigrant support programs. Donate furniture and household items, provide transportation, help with schoolwork, provide support navigating systems or be a friend and enjoy building a relationship with a newcomer. Contact: Trish Flury or Bettina Roundey

**Gifts of Hope Alternative Market** - This market, held the first weekend of December, provides alternatives to traditional Christmas gift shopping. Planning help is welcomed, along with people to assist during the market. Contact: Barb Johnson Frank

**CROP Walk** - Raise money to support local and international hunger relief programs. This annual city-wide effort is the 2nd Sunday of October. Contact: Sandy Latshaw

**Fellowship Events** - Plan and implement fellowship events throughout the year. Contact: Judy Batterman

**Pep Squad** - Cheer on our youth at their extracurricular events (i.e. sports, concerts, dramas, art shows). Contact: Sharon Hardel

**Vacation Bible School Volunteer** - Help with decorating, registration, crafts, games, music, storytelling, snacks or drama. Be a group leader or maybe you have another gift or talent we can use! Contact: Sharon Hardel

**FaithTrek Teacher** - Serve as a facilitator for the Sunday morning learning hour (Sunday School). A team of guides are assigned a specific age group, 3 year olds through 5th grade, with two adults serving each Sunday. Curriculum, training and support provided. Contact: Laura Gaulty

**Middle School Learning Leader** - This is a privileged opportunity to engage with adolescents who are growing as disciples at the intersection of their faith and the world around them. The role is more of a facilitator of a conversation than an expert in religion. Training provided. Contact: Sharon Hardel

**High School Learning Leader** - This is a privileged opportunity to engage with adolescents who are growing as disciples at the intersection of their faith and the world around them. The role is more of a facilitator of a conversation than an expert in religion. Training provided. Contact: Sharon Hardel

**Middle & High School Youth Group Helper** – Assist (e.g. drive, chaperone, help with special events), as needed, with the middle school and high school youth groups. Contact: Sharon Hardel

**Serve in an Elected Position** – Say “yes” to being a nominee for an elected leadership position, such as Church Council, Endowment Board, Nominating Committee or Synod Assembly Delegate. Contact: Tera Beermann

**Serve on a Team** – Choose a team to serve based on your interest, passion and skills, such as Property, Fellowship, Worship & Music, Columbarium, Endowment, Social Ministry or Stewardship. Contact: Pastor Erin Heidelberg