Share Your Gifts

Time, Talents & Interests Inventory

Every Blessing in Abundance includes the gifts you bring.

God has given each of us skills, talents, experiences and passions to share. Reflect on what you can offer and where you feel called to grow, serve, learn or lead. Your gifts help First Lutheran continue welcoming, advocating, embracing, discipling and partnering.

Tell us what interests you and we will connect you with ministries and volunteer opportunities by January — if not sooner.

Explore your gifts and interests

The attached **Skills, Talents and Passions** and **Interests** inventory is a paper replica of what you can find in your Realm account. Each person in your household, **from middle school age through adulthood**, should complete their own inventory. Duplicate paper copies as needed.

Complete your inventory in Realm

Please submit your responses online through Realm whenever possible. This saves staff time entering paper responses manually and helps us connect and engage you more quickly.

On a computer: Log in to your Realm Member Account. Go to Serving, open your Serving Profile, and use the three dots next to Skills to edit or update your Skills and Ministry Interest Inventory.

In the Realm app: Tap your profile photo, select My Profile, then scroll to Manage Skills and Manage Interests.

Return a paper copy only if you need to

Please submit a paper copy **only if you cannot access your Realm account or do not have internet access.** Choose one of these ways to return your completed inventory:

In person: Give it to Denise in the church office.
By email: Send a completed copy to Denise at office@flclincoln.org.
By mail: Mail completed copies to First Lutheran Church,
1551 S. 70th Street, Lincoln, NE 68506.

Need help with Realm? Contact Denise at office@flclincoln.org or call the church office for help accessing or activating your account.

Skills, Talents and Passions

Tell us what you enjoy and what you would like to share. Check all that apply. Everyday abilities, hobbies and professional experience are all welcome. We can use your responses to invite you when an opportunity matches your gifts.

Name: _____

Phone: _____

Email: _____

Skills and Talents

☐ **Accessibility Advocate**
I help identify barriers and suggest ways for people with different abilities and needs to participate.

☐ **Actor/Performer**
I enjoy bringing stories to life through acting, drama or other performances.

☐ **Administrative Helper**
I enjoy preparing mailings, assembling materials, entering information or helping with registration and office tasks.

☐ **Advocate**
I speak up for others and help people understand needs, concerns and opportunities for change.

☐ **Artist**
I enjoy drawing, painting or creating other visual art and sharing my creativity.

☐ **Audio/Video Helper**
I enjoy working with sound, recording, livestreaming or editing audio and video.

☐ **Community Resource Navigator**
I help people find community services, understand available resources and connect with support.

☐ **Computer Helper**
I am comfortable with computers and enjoy helping others use software, email or online tools.

☐ **Connector**
I bring people together, build relationships and connect people or organizations with shared interests.

☐ **Conversationalist**
I enjoy starting conversations and helping others feel comfortable and included.

☐ **Cook/Baker**
I enjoy preparing food, baking treats or sharing meals with others.

☐ **Craft Maker**
I enjoy making things by hand and sharing creative projects or craft skills.

☐ **Creative Thinker**
I enjoy approaching challenges in new ways and coming up with fresh ideas.

☐ **Dancer**
I enjoy dancing and sharing movement through performance, teaching or group activities.

☐ **Decorator/Display Designer**
I enjoy arranging spaces, decorations or displays that make gatherings welcoming and visually appealing.

Skills and Talents

☐ **Dreamer**
I imagine new possibilities and enjoy helping others explore what could be.

☐ **Driver**
I enjoy providing rides or delivering meals, supplies and other items.

☐ **Empathetic Supporter**
I notice how others are feeling and respond with understanding, compassion and care.

☐ **Encourager**
I help others recognize their strengths, feel appreciated and gain confidence to try something new.

☐ **Environmental Steward**
I care about creation and enjoy helping people put environmentally responsible ideas into practice.

☐ **Evaluator**
I enjoy reviewing what is working, listening to feedback and identifying ways to improve.

☐ **Finance/Bookkeeping Helper**
I enjoy working with budgets, financial records or numbers and helping keep information organized and accurate.

☐ **Fitness Enthusiast**
I enjoy walking, biking, running or other fitness activities and sharing that interest with others.

☐ **Fundraiser**
I enjoy helping raise support through events, personal outreach or fundraising campaigns.

☐ **Future Thinker**
I look ahead, notice emerging possibilities and help others prepare for what may come next.

☐ **Games/Recreation Enthusiast**
I enjoy games, recreational activities or outings and helping people have fun together.

☐ **Gardener/Landscaper**
I enjoy growing plants, caring for gardens or improving outdoor spaces.

☐ **Grant Writer**
I enjoy researching funding opportunities and writing clear proposals to support a project or ministry.

☐ **Graphic Designer**
I enjoy creating attractive, readable designs for print materials, signs or digital communication.

☐ **Greeter/Welcomer**
I enjoy greeting people warmly and helping newcomers feel comfortable and find their way.

☐ **Group Facilitator**
I help groups have productive conversations, hear different perspectives and move toward shared decisions.

☐ **Hands-On Helper**
I enjoy practical tasks, setting up, cleaning up and following through until the work is done.

☐ **History Enthusiast/Archivist**
I enjoy preserving photographs, records and stories that help people understand our shared history.

☐ **Host**
I enjoy making people feel at home and creating a comfortable setting for gathering.

☐ **Includer**
I notice who may be left out and help people feel welcomed, remembered and connected.

☐ **Knitter/Crocheter**
I enjoy knitting or crocheting useful, comforting or creative items.

Skills and Talents

☐ **Language/Translation Helper**
I speak or understand another language and may be able to help with conversation or translation.
Language(s): _____

☐ **Learner**
I am curious, enjoy exploring new ideas and welcome opportunities to learn alongside others.

☐ **Listener**
I give people my attention, listen without rushing to offer answers and make room for their experiences.

☐ **Mediator**
I help people listen to one another, work through disagreements and find common ground.

☐ **Mentor**
I enjoy sharing experience, offering guidance and supporting someone as they learn or grow.

☐ **Musician**
I enjoy singing or playing an instrument and sharing music with others. Voice/instrument(s):

_____

☐ **Nature Lover**
I enjoy spending time outdoors and helping others appreciate the natural world.

☐ **Organizer**
I enjoy sorting supplies, arranging spaces and creating systems that make things easier to find and use.

☐ **Phone Caller**
I am comfortable making calls to check in, extend invitations, share information or coordinate help.

☐ **Photographer/Videographer**
I enjoy capturing photographs or video that tell stories and document meaningful moments.

☐ **Planner**
I enjoy organizing details, coordinating schedules and helping an idea become a workable plan.

☐ **Problem Solver**
I gather information, consider different options and help find practical solutions.

☐ **Public Speaker**
I am comfortable speaking to a group, presenting information or sharing a message.

☐ **Quilter**
I enjoy piecing, sewing or finishing quilts and working with others on quilting projects.

☐ **Reading Enthusiast**
I enjoy books, reading aloud or discussing stories and ideas with others.

☐ **Repair/Maintenance Helper**
I enjoy fixing things, making practical improvements or helping care for buildings and equipment.

☐ **Researcher**
I enjoy finding reliable information, exploring questions and identifying useful resources or opportunities.

☐ **Service-Oriented Helper**
I notice needs and enjoy taking practical steps to help others and improve their daily lives.

☐ **Sewing Helper**
I enjoy sewing, mending, altering clothing or creating useful items from fabric.

☐ **Social Justice Advocate**
I care about fairness and inclusion and want to help address the conditions that create injustice.

☐ **Social Media Helper**
I enjoy creating or sharing posts that inform people, tell stories and build connections online.

Skills and Talents

☐ **Storyteller/Interviewer**
I enjoy drawing out people's experiences and sharing stories that help us understand one another.

☐ **Strategic Thinker**
I consider the bigger picture, weigh possibilities and help identify a thoughtful path forward.

☐ **Teacher**
I enjoy sharing knowledge, teaching a skill or helping others explore a subject or hobby.

☐ **Team Builder/Leader**
I enjoy bringing people together, recognizing their gifts and guiding a team toward a shared goal.

☐ **Team Participant**
I enjoy contributing to a group, supporting others and sharing responsibility without needing to lead.

☐ **Technology Helper**
I enjoy setting up devices, troubleshooting equipment or helping others feel comfortable using technology.

☐ **Tutor/Homework Helper**
I enjoy helping children, youth or adults practice reading, understand schoolwork or build learning skills.

☐ **Woodworker/Carpenter**
I enjoy building, repairing or creating things with wood.

☐ **Writer/Editor**
I enjoy writing, proofreading or refining words so a message is clear and engaging.

Interests and Passions

What people, causes or issues are close to your heart? Check all that interest you.

☐ Children and families

☐ Youth and young adults

☐ Older adults

☐ Supporting caregivers

☐ Disability inclusion and accessibility

☐ Mental health and emotional well-being

☐ Hunger and food access

☐ Housing and homelessness

☐ Immigrants and refugees

☐ LGBTQ+ inclusion

☐ Racial justice

☐ Creation care and sustainability

☐ Supporting people experiencing grief

☐ Supporting people affected by incarceration

☐ Community building and neighborhood connections

What works best for you

☐ Occasional or one-time opportunities

☐ Ongoing involvement

☐ Helping from home

☐ Helping in person

☐ Open to learning something new

Would you welcome a personal invitation when an opportunity matches your gifts?

☐ Yes

☐ Maybe — let's talk

☐ Not right now

Tell Us More

What other skills, hobbies, work experience or talents would you enjoy sharing? What do you love doing that we might not know about you?

Tell us about other people, causes or issues you care about, your availability, or anything that would help you participate.

Interests



Check the ministry opportunities you would like to explore. Let us know where you would enjoy participating, learning or sharing your gifts.

Name: _____

☐ **Adult Forum**
Explore topics that connect Christian faith with daily life and our growth as disciples. Meets Sundays, 9:30–10:30 AM, in the Chapel. Ideas for topics and speakers are welcome.

☐ **Altar Guild**
Prepare communion elements before worship and clean the communion dishes and chancel area afterward.

☐ **BackPack Program**
Help provide food-filled backpacks each Friday for families at two Lincoln Public Schools elementary schools through financial gifts or volunteer support.

☐ **Bible Bearer**
Carry the lectionary Bible into worship during the procession and out during the recessional.

☐ **Bible/Book Study**
Explore scripture through conversation and discover how it speaks to daily life. Meets Tuesdays at 5:45 PM and Wednesdays at 10:30 AM. No previous Bible study experience is needed.

☐ **Book Discussions**
Discuss books and explore how faith, relationships and real-life questions emerge through their stories. Authors and selections vary.

☐ **Casserole Caravan**
Prepare or deliver a meal or treat for someone recovering from illness or surgery, welcoming a baby, or experiencing a death or family crisis.

☐ **Choir Member**
Share your voice in worship with the Adult Choir, open to high school students and adults. Rehearsals are Wednesdays at 7:10 PM during the school year; the choir sings most Sundays except the first Sunday of the month.

☐ **Christian Education Team**
Have ideas for making ministry with preschoolers through 12th graders engaging and inspiring? Share your ideas and support learning, faith development and connections with our children and youth.

☐ **Church Office Volunteer**
Help with mailings, organizing and other office tasks as needed. Answer phones and welcome visitors at the front desk when the Parish Coordinator is away.

☐ **Coffee Talk**
Get to know other members through casual conversation over coffee or your favorite beverage. Meets weekly on Mondays at 1:30 PM in the Gathering Area.

☐ **Communion Assistant**
Participate in the procession and recessional and pour wine during communion.

☐ **Community Outreach**
Help plan or support opportunities to connect with neighbors, partner with community organizations and respond to needs beyond our church walls.

☐ **Confirmation**
For 7th and 8th graders and their parents or mentors: build relationships, explore faith and prepare to affirm baptism. Gatherings are twice a month during the school year.

☐ **Connection Pointe/Lutheran Food Pantry Volunteer**
Volunteer at Connection Pointe or the Lutheran Food Pantry to sort, organize and/or distribute food.

Interests continued

☐ **Crucifer**
Carry the cross into worship during the procession and out during the recessional.

☐ **Environmental/Nature Programs**
Help plan or attend learning opportunities, events and presentations that encourage care for God's creation.

☐ **Eucharistic Assistant**
Serve bread and wine to worshipers who are unable to come to the communion rail.

☐ **Eucharistic Ministry**
Bring communion and a caring connection to people who are homebound or recovering from illness or injury and unable to attend worship.

☐ **Faith to Go!**
Hear a fellow congregant share how faith shapes daily life. Bring coffee and a bite to eat and join on Zoom at 6:30 AM on the second and fourth Wednesdays.

☐ **Faithful Conversations**
Explore local, national and global news through the lens of faith and its impact on daily life. Meets Sundays, 9:30–10:30 AM, in the Gathering Area.

☐ **FaithTrek Teacher**
Help children ages 3 through 5th grade learn and grow in faith during Sunday morning learning. Two adults serve each age group every Sunday. Curriculum, training and support are provided.

☐ **Fellowship Events**
Help people connect by welcoming guests, preparing or serving food, setting up, cleaning up or assisting with other event needs.

☐ **First Fitness**
Attend one or both weekly fitness classes in the Activity Center, led by a First Lutheran member.

☐ **First Friday Jazz**
Welcome our community to free concerts on the first Friday of the month, October through May. Help greet guests or prepare and serve lunch.

☐ **Funeral Lunches**
Provide food, coordinate donations or help serve a funeral lunch, offering families and friends a welcoming place to gather after a loss.

☐ **Gather & Gab**
Explore challenging questions about faith and our role in society through weekly online conversation. Open to high school students and adults. Meets Thursdays, 8–9 PM on Zoom; join as your schedule allows.

☐ **Gifts of Hope Market**
Help plan or volunteer at this early December market, where gifts support local and global organizations and offer meaningful alternatives to traditional Christmas shopping.

☐ **Greeter**
Offer a warm welcome to people arriving for Sunday worship and other special events.

☐ **Grief Support**
Find support and companionship after the death of a loved one through a grief support class offered several times during the year.

☐ **Handbells**
Share music through handbells. Spirit Ringers rehearse Thursdays at 6:30 PM during the school year and play on third Sundays and other festive occasions. Youth Bells meet as a short-term group.

☐ **Helping Hands**
Offer a hand or two with member requests for relatively simple tasks. Share your time and practical skills when a need arises.

Interests continued

☐ **High School Learning (9th-12th grade)**
Explore faith and daily life with other 9th–12th graders on Sunday mornings through Bible study, current events, cultural awareness and thoughtful conversation.

☐ **High School Learning Leader**
Help high school students explore faith and real-life questions. Facilitate conversation, build relationships and learn alongside youth. Training is provided.

☐ **High School Youth Group**
Build friendships, grow in faith and serve the community with other high school students the 2nd and 4th Wednesday of each month during the school year.

☐ **Immigrant & Refugee Support**
Partner with local programs to welcome newcomers. Donate household items, provide rides, help with schoolwork or navigating services, or build a friendship.

☐ **Instrumental Solo or Ensemble**
Share your instrument in worship as a soloist or as part of a jazz, string, brass, wind or Orff ensemble.

☐ **Las Abejitas Support Team**
Interested in early childhood education? Support Las Abejitas Bilingual Education Center through advising, mentoring and exploring ways to collaborate with the congregation.

☐ **Livestream Worship Assistant**
Help run the Sunday 8:15 AM worship livestream. Training and mentoring are provided.

☐ **Matt Talbot Outreach Kitchen**
Support a monthly meal for people experiencing homelessness or financial hardship. Donate fruit or desserts, help prepare food or serve the meal.

☐ **Meals on Wheels through Eventide**
Deliver meals and a friendly greeting to homebound older adults. Contact Tabitha about a route that fits your schedule.

☐ **Member Connections**
Help members feel remembered and connected through thoughtful questions, attentive listening and compassionate conversation that supports emotional, mental and spiritual well-being.

☐ **Middle/High School Volunteer**
Support middle and high school activities by driving, chaperoning or helping with Wednesday night youth group and special events as needed.

☐ **Middle School Learning (6th-8th grade)**
Explore faith and real-life questions with other 6th–8th graders during Sunday morning learning.

☐ **Middle School Learning Leader**
Help middle school students grow in faith through conversation and relationships. Guide discussion and explore questions together. Training is provided.

☐ **Pop-Up Groups**
Attend, plan or host an activity that helps members connect, such as a game night, walking group, dinner out or day trip.

☐ **Prayer Shawls & Afghans**
Knit or crochet shawls and afghans to share comfort, care or celebration in the comfort of your home or in-person with “Keeping God’s People in Stitches” the 2nd Monday of each month at 7:00 PM in the Gathering Area. You can also help by delivering these gifts.

☐ **Prayer Team**
Receive a weekly list of prayer requests from within and beyond the congregation and pray for those on the list each day.

Interests continued

☐ **Property/Groundskeeper**
Help care for our church property, indoors or outdoors, through upkeep, maintenance or tending the grounds.

☐ **Quilting**
Help make quilts for Lutheran World Relief on the fourth Thursday of the month at 9 AM. No quilting experience is needed; donations of requested materials are welcome.

☐ **Saturday With the Guys & Gals**
Join a group for book study and conversation on the second and fourth Saturdays of the month at 8 AM. Guys and gals of all ages are welcome.

☐ **Seasoned Adults**
Geared toward adults ages 65 and older: help plan an event and/or attend gatherings for fellowship, learning and service.

☐ **Serve in an Elected Position**
Consider serving in a leadership role such as Church Council, Endowment Board, Nominating Committee or Synod Assembly Delegate.

☐ **Serve on a Team**
Share your interests and gifts on a ministry team, such as Property, Fellowship, Worship & Music, Columbarium, Endowment, Social Ministry, Stewardship, Youth & Family Ministry or Community Connections & Collaborations.

☐ **Social Justice & Advocacy**
Support First Lutheran's involvement in Justice in Action by hosting a listening session, serving on a research team or attending the Nehemiah Assembly in May.

☐ **Social Ministry**
Help plan or support efforts that address hunger, poverty and injustice through practical assistance, community partnerships and compassionate service.

☐ **Soloist or Cantor**
Lead the singing of the psalm or share a vocal solo during communion or, occasionally, the offering.

☐ **Spiritual Formation Workshops**
Explore practices that nurture your spiritual life, including prayer, meditation, chanting, breathing exercises and rituals.

☐ **Star City PRIDE**
Help plan First Lutheran's booth at the Star City Pride event in June and/or volunteer at the booth to welcome and greet visitors.

☐ **Stephen Ministry**
Offer one-to-one Christian care to someone experiencing a difficult time through attentive listening, reflective questions and a supportive presence.

☐ **Sunday Worship Reader**
Read the first and second scripture lessons and occasionally lead the psalm during worship.

☐ **Synod-Wide Events**
Participate in in-person or online learning opportunities offered by the Nebraska Synod, such as Emmaus.

☐ **Transportation Ministry**
Provide rides for members to medical or other appointments and church activities.

☐ **Usher**
Welcome worshipers, distribute bulletins, collect the offering, guide people to communion and assist with worship safety and security.

☐ **VBS Volunteer**
Help with Vacation Bible School through decorating, registration, crafts, games, music, storytelling, snacks or drama. Serve as a group leader or share another gift.

☐ **Visitation Ministry**
Share conversation, companionship and a caring connection with someone who is homebound.

Interests continued

☐ **Wash Robes/Albs**
Help keep worship robes and albs clean and ready for use.

☐ **Wild Women of First**
Help plan and/or attend gatherings three times a year for friendship, lively conversation and fun with women of all ages!

☐ **Women's Monthly Circles**
Join a monthly circle for fellowship, relationship building, projects and spiritual growth. Three circles meet at different times and on different days.

☐ **Youth Accompaniment Trips (9^{th}-12^{th} Graders)**
Travel beyond familiar surroundings, build relationships and explore how faith shapes the way we live alongside others. These summer experiences emphasize learning and accompaniment.